

WELCOME TO THE  
JUNE EDITION OF  
MAYFIELD AND  
DISTRICT u3a  
NEWSLETTER.

\*\*\*\*\* FORTHCOMING EVENTS\*\*\*\*\*

Mayfield and District u3a at Five Ashes Village Hall -TN20 6JA - 2.30

Thursday 19th June - Bees, Honey, Myths and Legends - Peter Smith

Thursday 17th July - Lewes and Bonfire Night - Andy Thomas

!!\*\*\*\*\*Friday 18th July 2025 - 20th Anniversary Lunch\*\*\*\*\*!!  
at Colkins Mill Church Hall

NO MEETING IN AUGUST

Heathfield and District u3a at Community Centre - TN21 0XG - 2pm

Tuesday 17th June - Surprise 10th Birthday Event

Tuesday 15th July - Medical Detection Dogs - Jamie Baird

NO MEETING IN AUGUST

Mayfield and District U3A

BEES, HONEY, MYTHS AND LEGENDS

June 19th 2025

2.30 Five Ashes Village Hall



“That (mellification) is one of the most gruesome things I’ve ever seen” is a quote from a review of this talk, which makes one think it’s going to be, at the very least, an interesting one.

Peter Smith, who is giving this lecture, is a bee keeper and bug enthusiast. He will tell us of the many and ancient myths and legends that surround the subject of bees, and also of some of the old beekeeping traditions, some of which have died out, and others that are still alive and well.

Peter has been on Countryfile, and has an entertaining and informative style.

His talk is fully illustrated, and will give us some practical suggestions on how to help look after the bees in our area.

Free as always to our members, visitors are welcome to join us for the talk for the small fee of £3.00.

Donations accepted for the tea and cake we always have afterwards.

If you are interested in joining the U3A, our branch website is [www.u3asites.org.uk/mayfield](http://www.u3asites.org.uk/mayfield).

Anna Thompson.



## Chairman's Report

You should all have received an invitation to our 20<sup>th</sup> anniversary lunch and thank you if you have already replied.

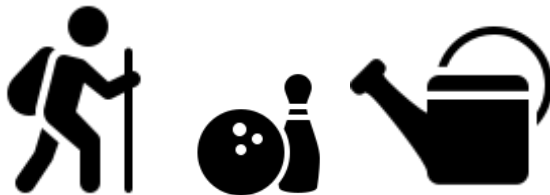
This event will be an opportunity to look back and share our memories of the Mayfield u3a.

Some of you were in at the beginning and it is your memories, stories and photos that I would like to know about in advance please.

I have invited past members where I have contact details, but do get in touch if you know of anyone who might like to join us on that day.

Mary Brentnall [marybrentnallu3a@gmail.com](mailto:marybrentnallu3a@gmail.com)

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### NEWS FROM THE GROUPS

#### SUMMER 2025 POP-UP ART DAY

Following on from last year's delightful Art Day with Betty Payne at Tidebrook Church Parish Room - we are pleased to say she has kindly offered to run another one for us on Saturday 30th August -10.30-3pm. Numbers are limited, so if you would like to join the group, please email as soon as possible to [madelynmeredith565@gmail.com](mailto:madelynmeredith565@gmail.com) to book your place.





## **! Possible New Singing Group !**

Do you enjoy singing, but choirs are not your thing ?

Maybe Gershwin or Gilbert and Sullivan, Flanders and Swan or a bit of folk ?

Be in on the start of a new informal singing group and help us choose the music .

We have open minds and just want to enjoy these classic melodies.

Join us for a preliminary meeting to discuss plans -

bring your ideas - we will provide the wine.

July 1st. at 5pm.

email: [madelynmeredith565@gmail.com](mailto:madelynmeredith565@gmail.com)

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### **ART APPRECIATION GROUP**

The newly formed Art Appreciation Group held its second meeting this month and is being enjoyed by all members. The meetings are held in homes in Burwash and Heathfield in the afternoons of the 4th Tuesday of each month.

We have, so far, had 5 presentations on very varied themes, including artists, artistic movements and art forms.

It isn't just the attendance at the group meeting that is enjoyable but the research and preparation of a presentation is equally rewarding.

Although space is limited we could maybe accommodate two more members.

Please email [christine.jessep29@btinternet.com](mailto:christine.jessep29@btinternet.com) if you are interested.



Chiaroscuro painting by Joseph Wright of Derby [An Iron Forge](#) (1772)

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“  
It was June, and the  
world smelled of  
roses. The sunshine  
was like powdered  
gold over the  
grassy hillside.  
MAUD HART LOVELACE  
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We have been asked if we would share the request below with our members:-



**Study into the health and wellbeing of adults who grew up in foster or residential care**

Researchers are holding focus groups to understand the health and wellbeing concerns of people who spent all or part of their childhood in foster or residential care.

If you spent time in care in England as a child and are now aged fifty or above, and would like to find out more, please contact Jono Taylor by:

- Email: [Jonathan.Taylor@ndph.ox.ac.uk](mailto:Jonathan.Taylor@ndph.ox.ac.uk)
- Telephone: +44 (0)1865 617912

### **Study into the health and wellbeing of adults who grew up in foster or residential care**

Research has shown that care-experienced adults face a greater risk of negative health outcomes compared to the general population.

Researchers, at the University of Oxford, are holding focus groups to understand the health and wellbeing concerns of older care experienced adults and explore the types of support they would like to receive from health and social care services.

If you, or someone you know, would like to learn more, please contact Jono on [Jonathan.Taylor@ndph.ox.ac.uk](mailto:Jonathan.Taylor@ndph.ox.ac.uk) or 01865 617912.

