



**WELCOME TO THE
MARCH 2026 EDITION
of MAYFIELD and
DISTRICT u3a .**

FORTHCOMING EVENTS

Mayfield and District monthly meetings are held at 2.30pm in Five Ashes Village Hall, TN20 6JA, on the third Thursday of the month.

19th March 2026 - Weather Lore - fact or fiction, with Ian Currie

16th April 2026 - Kirkles, Corsets and Curtains, the costumes of Georgian England, presented by Sarah Slater

21st May - Marianne North - adventurer, botanist and artist by Teri Sayers Cooper.

Heathfield and District monthly meetings are held at 2pm in The Community Centre, TN21 0XG on the third Tuesday of the month.

17th March 2026 - Bojangles Chocolates unveiled by Pam Bateman

21st April - The Sussex Wildlife Trust by James Duncan

19th May - Churchill's Secret Army with Gilly Halcrow

CHAIRMAN'S REMARKS

I am hoping Spring has sprung and the grey days will be fewer. Certainly, the daffodils are well ahead and the blossom is looking pretty.

Although this year we have no special anniversary to celebrate we are hoping to have a social of some kind during the summer months.

This will be discussed at our April committee meeting and we will keep you informed. Meanwhile, visit the website and see what else you can find out about our u3a!

<https://mayfield.u3asite.uk>

Mary Brentnall

THIS MONTH'S TALK

Weather Lore - fact or fiction by Ian Currie on March 19th.



Why should we move to Eastbourne? Avoid Oak trees in a storm? How many weather related sayings are based on reality?

Ian Currie, this month's speaker, is a professional weatherman, broadcaster, author, columnist, speaker, and is also the editor of Weather Eye.

Perhaps he is also a man who keeps a 'weather eye' out for pink skies and cloud formations? Perhaps we should ask him.....

Unlike some others in his profession, Ian correctly forecast the 1987 storm, so as well as his talks being beautifully illustrated, helped of course by many of his photographs being of our lovely county, they are informative and entertaining.

We will learn a lot and be able to amaze friends and family with our new found knowledge.

Take an umbrella! No, you'll be fine in just a T-shirt, and so on.

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**Message with an invitation to join them,
from our neighbouring u3a in Wadhurst.....**

Strictly Fitsteps

We enjoy fitness and fun in a friendly class of exercise to music at a pace that suits you and your ability. No partner required.

We learn a wide range of dance steps e.g. salsa, cha-cha-cha, tango etc., led by our qualified instructor Amanda.

We meet weekly on Wednesdays at Ticehurst Village Hall at 11.15am {except for the first Wednesday of the month which is at the later time of 1.00pm. }

Cost £8.00 per week for hall and instructor. Pay as you go.



SWAP (Short Walk and Pub) Change of date

The next SWAP will now be on Tuesday 31st March.

Meet at The Old Vine, Cousley Wood, Wadhurst, TN5 6ER at 10.30 am. for the walk or 12.15 for lunch.

This walk will take us down to Bewl Water and walking boots are advised.

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“The seasonal urge is strong in poets.
Milton wrote chiefly in winter. Keats looked for spring to wake him up
(as it did in the miraculous months of April and May, 1819).
Burns chose autumn. Longfellow liked the month of September.
Shelley flourished in the hot months.
Some poets, like Wordsworth, have gone outdoors to work.
Others, like Auden, keep to the curtained room.
Schiller needed the smell of rotten apples about him to make a poem.
Tennyson and Walter de la Mare had to smoke.
Auden drinks lots of tea, Spender coffee;
Hart Crane drank alcohol. Pope, Byron, and William Morris were creative
late at night. And so it goes.”

— Helen Bevington, from [When Found, Make a Verse of](#) {Pub. 1961}



